



INTERNATIONAL SHOE SIZE GUIDE

COUNTRY		SIZE															
USA & CANADA	M	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	10.5	11.5	12.5	14
	W	5	2.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	12	13	14	15.5
UK	M	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	10	11	12	13.5
	W	2.5	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	9.5	10.5	11.5	13
AUSTRALIA	M	3	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	10	11	12	13.5
	W	3.5	4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	10.5	11.5	12.5	14
JAPAN	M	21.5	22	22.5	23	23.5	24	24.5	25	25.5	26	26.5	27.5	28.5	29.5	30.5	31.5
	W	21	21.5	22	22.5	23	23.5	24	24.5	25	25.5	26	27	28	29	30	31
EUROPE		25	35.5	36	37	37.5	38	38.5	39	40	41	42	43	44	45	46.5	48.5
MEXICO							4.5	5	5.5	6	6.5	7	7.5	9	10	11	12.5
RUSSIA		33.5	34		35		36		37		38		39				
CENTIMETRES		22.8	23.1	23.5	23.8	24.1	24.5	24.8	25.1	25.4	25.7	26	26.7	27.3	27.9	28.6	29.2

How to correctly measure your foot:

- Wearing a sock place your foot onto a piece of paper
- Draw around it
- Measure the image width and length in cm
- Compare to size chart above

